

## Sound Practice

A Support Network for Music Therapists

### Basic \$25 Monthly / \$250 Annual

- **Monthly group supervision video call**

Discuss assessment, treatment implementation, ethics, and more with a community of MTs

- **Free Monthly "Lunchtime Learning" CMTEs**

Join HOH staff for monthly CMTEs Wednesdays at 12PM AZ time

- **Discounts on other trainings and CMTEs**

Article 9 Training and quarterly 3-hour Saturday CMTEs

- **Exclusive Online Community**

Access to members-only Facebook community for peer support and networking

### Premium \$60 Monthly / \$600 Annual

- **Basic benefits and . . .**

- **Monthly 1 hour 1:1 MT supervision**

In-depth case discussion, problem-solving, and support

- **Access to music therapy resource library**

Assessment tools, intervention visuals, and more, with monthly resource drops

### Ultimate \$125 Monthly / \$1250 Annual

- **Premium benefits and . . .**

- **Monthly 2 additional hours of supervisor support**

Can include supervisor video or in-person observation of session for feedback, documentation review, email correspondence, and additional supervision time

a la carte options also available |

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## Sound Practice

A Support Network for Music Therapists

Learn and grow with a supportive, local community of music therapists. Higher Octave Healing has been educating music therapists for over a decade, and now you can get in on the learning. With memberships to suit every budget and schedule, you can take your practice to the next level with offerings designed by and for Arizona music therapists. Come on in!



**Sarah Melton, MA, MT-BC,** has worked for over ten years in a variety of group and individual music therapy settings. She does not have

a favorite clinical setting, but has extensive experience working with people with disabilities and has also practiced in hospice, addiction recovery, and community-based groups. She holds her fellowship in Neurologic Music Therapy® and is passionate about empowering music therapists and students to do their best work.

Join and connect with the team you wish you had.

### 2026 CMTE Topics to Include . . .

- **Music and music technology**  
From basics of mixing to voice and guitar tune-ups
- **Music therapy ethics**  
We all need those ethics credits!
- **Clinical topics**  
Including multiple sessions on assessment and deep-dives into various areas of practice

see back for membership tiers |

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